

XT4700

TOP-OF-THE-LINE, ADJUSTABLE STRIDE ELLIPTICAL

The best elliptical machine available, this top-of-the-line powerhouse is loaded with exclusive Octane breakthroughs including SmartStride® to fuel every workout with exceptional comfort and challenge that drive valuable results.

OCTANE ADVANTAGES

- Electronically adjustable stride 20"-28"
- SmartStride® technology
- Close pedal spacing
- Low step-up height
- Advanced training — 30:30 and MMA

ADVANCED PROGRAMS

Challenging
advanced programs:
MMA, 30:30,
HR Interval

SPACE EFFICIENT DESIGN

Significantly shorter
than other ellipticals



SMARTSTRIDE®

Automatically adjusts stride length from 20"-28" according to users' pace to align them properly for walking, jogging and running.



UPPER-BODY ERGONOMICS

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward.



ADVANCED PROGRAMS

Octane's trademark 30:30 Interval and MMA workouts deliver vigorous HIIT challenges that help boost motivation and improve conditioning.

XT4700 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Adjustable stride lengths	20"-28" (51 cm - 71 cm)
Electronically adjustable stride	•
Quiet motor	•
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Covered track and rollers	•
MultiGrip™ and Converging Path™ handlebars	•
Moving handlebar lock-out option	•
Side steps	○
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•

ELECTRONIC FEATURES

SmartStride® technology	•
Resistance levels	30
Quick Starts (Walk, Jog, Run)	•
Digital contact heart rate on moving handlebars	•
Fingertip controls on moving handlebars	•
Wireless heart rate ready (ANT+™ and Polar®)	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE®	•

CONSOLE OPTIONS

Smart (pg. 32)	10" (25.4 cm) capacitive touch screen
Standard (pg. 32)	Large LED display with integrated capacitive buttons

ENTERTAINMENT OPTIONS

LG TV (pg. 33)	○
Wireless 900 Mhz (pg. 33)	○

WORKOUTS

Number of programs	15
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HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	•
Heart Rate Interval	•

PRESET PROGRAMS

Manual	•
Random	•
Interval	•
Distance goal	•
Calorie goal	•
CROSS CIRCUIT®	•

ADVANCED PROGRAMS

30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•

STRIDE LENGTH PROGRAMS

PowerWalk	•
Stride Interval	•
Dual Direction	•

WORKOUT BOOSTERS

SmartStride®	•
X-Mode™	•
ArmBlaster	•
GluteKicker™	•

HIIT TRAINING

Workout Boosters featured on the console to add interval training to any workout program

SMOOTH MOTION

Immediately you'll notice the great motion

MULTIGRIP AND CONVERGING PATH™

More effectively activates the upper-body

ENTERTAINMENT OPTIONS

Choose from a smart or standard console plus a personal viewing screen or 900 mhz

SMARTSTRIDE®

Automatically adjusts stride length according to the user's pace



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